



World Reiki Research

February 2026 Newsletter | Official Launch Edition

Welcome to the World Reiki Research Network!

The World Reiki Research Network is a global community of researchers and Reiki practitioners who are dedicated to advancing the understanding and practice of Reiki.

The New Reiki Century Begins Here

March 7-8, 2026 | Yverdon-les-Bains, Switzerland

We're honoured to join the Swiss International Reiki Congress—"On the Path of Usui Sensei"—for a historic gathering that honours Mikao Usui's legacy and marks a transformative turning point for our global community. As we commemorate 100 years since Usui Sensei's passing, this congress will be the official launch of World Reiki Research, dedicated to building the evidence-based foundation for Reiki's future in public health.

This is more than a congress; it's the launchpad for the next century of Reiki. Join practitioners, teachers, and researchers from around the globe for 11+ expert talks (trilingual: EN/DE/FR) featuring Arjava Petter, John Curtin, Amanda Jayne, João Magalhães, Oliver Klatt, Christine Robin, Federico Scotti, René Vögtli and many more leading voices. Experience the sacred Usui Sensei Tribute Ceremony, inspiring workshops exploring History, Spirituality & Science, networking at the Gala Dinner, and witnessing the birth of our collective research future.

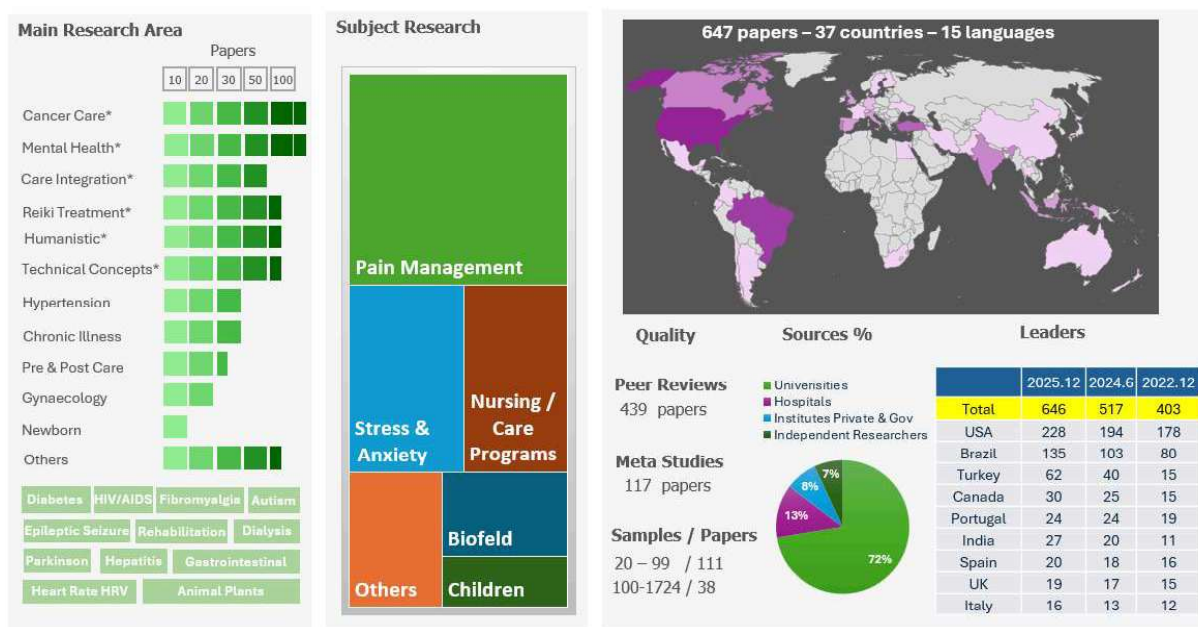
Together, let's honour the Usui's legacy of the past century and consciously build the next. This is where our shared future begins.

The World Reiki Research Global Heat Map – Be the First to Know

Stay ahead with the latest advancements in Reiki research presentations. The Global Reiki Research Heat Map is now available for download, offering you comprehensive statistics and an overview of Reiki research developments worldwide.

This professional resource is available in six languages—English, Italian, Spanish, German, Portuguese, and French—and can be downloaded free of charge for use in your Reiki training, classes, websites, or professional research at universities and hospitals.

Access this unique offering to set yourself apart and enhance your teaching, training, and projects with current, credible data.



Sign in as a member (or sign up) to download the PDF at [Global Reiki Research Heat Map](#).

Building the Future Together

Exciting developments are underway at World Reiki Research as we expand our mission to bring Reiki into mainstream healthcare:

- **Bridging the Gap to Public Health** - We've launched a groundbreaking global project to identify and address the barriers limiting Reiki's access to public health systems. This

collaborative initiative brings together researchers, medical professionals, and Reiki practitioners across seven pilot countries, with plans for worldwide expansion.

- **Learning from the Frontlines** – We're going beyond numbers to capture insights that transform healthcare. One pioneering hospital has already documented over 1,000,000 Reiki sessions—a remarkable milestone that demonstrates Reiki's integration at scale. Discover how this institution is applying evidence-based protocols tailored to different departments' needs, and explore the compelling research emerging from their real-world clinical applications.
- **Expanding Our Knowledge Base** – Our scientific research library is growing. What you see today represents only a fraction of what's available. We're working to make more data accessible in innovative ways, equipping Reiki researchers with the comprehensive resources they need to advance the field.
- **More to Come** – Stay tuned for a rich variety of expert talks and presentations currently in development.

Support Our Mission

All our work is carried out by dedicated volunteers. Your donations make this vital research possible and help us build the evidence-based foundation for Reiki's future in healthcare.

Donations

Together, we're building the evidence-based foundation for Reiki's next century.

Your WRR Team

Give Us A Follow



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